

# Parent Handbook UPDATES



**Pickens County YMCA**  
**Winter 2009-2010**

# Team Descriptions

## The Teams

**Super Squad 1:** Super Squad 1 participants swim with or without assistance for less than 1 length of the pool.

**Super Squad 2:** Super Squad 2 participants must be able to swim a 25 free unassisted.

**Intermediate:** Intermediate participants must be able to swim a 25 free, 25 back, 50 free, and must be able to perform a dive from the side or the block.

**Advanced:** Advanced participants must be able to perform all four strokes.

# Team Rules and Regulations

## Swimmer's Practice Conduct:

1. (same)
2. Swimmers will stretch the first 15 minutes of practice. During this time it is required that all swimmers must stretch all muscles to reduce the risk of injury.
3. If swimmers need to leave practice early for any reason please let the coaches know ahead of time.
4. The Pickens YMCA is not responsible for any lost or stolen items left at the YMCA. Lockers are available. Locks are not provided.
5. YMCA staff or volunteers are at no point responsible for the supervision of participants outside of the pool. The YMCA age policy is always in effect. It states, "Children ages 14 and under may not be left unsupervised in the facility or in the pool areas. A supervised child is defined by active supervision by a parent/guardian age 18 & up. Children ages 15 and up must have their membership card with them in order to access the facilities...." A coach will be present 10 minutes prior to the beginning of practice to escort swimmers into the building. However, if your swimmer comes before or after this 10 minute window, please escort your child into practice. Please be at practice prior to the scheduled practice end time. It is recommended that each parent or guardian escort your child to the pool deck at the beginning of practice and escort your child from the pool deck at the end of practice. It is highly recommended that all swimmers are supervised by a parent or guardian while on deck.

# Payment Schedule

SESSION:	SESSION DATES:	PAYMENT DUE DATE:
<b>Session 1</b>	September 21 <sup>st</sup> – October 16 <sup>th</sup>	Friday, September 25 <sup>th</sup>
<b>Session 2</b>	October 19 <sup>th</sup> – November 13 <sup>th</sup>	Friday, October 23 <sup>rd</sup>
<b>Session 3</b>	November 16 <sup>th</sup> – December 18 <sup>th</sup>	Friday, November 20 <sup>th</sup>
<b>Session 4</b>	January 4 <sup>th</sup> – January 29 <sup>th</sup>	Friday, January 8 <sup>th</sup>
<b>Session 5</b>	February 1 <sup>st</sup> – February 19 <sup>th</sup>	Friday, February 5 <sup>th</sup>

## Financial Policies

### Payment Policy:

- **Payments must be given to the Aquatics Director or put in the security drop box in the pool area. Payments may not be turned in at the front desk.**
- Payments for swim team have the option to be drafted out of a checking account, savings account or credit card each month. This option is highly recommended.
- Payment must be received by the end of practice on the payment due date.
- Brand new swimmers may receive a trial swim period. If the participant decides to swim, payment is due Monday of the following week.
- When you register your swimmer for swim team, he/she is registered for all 5 sessions, or all remaining sessions. If you will not be attending a session, please inform the Aquatic Director to cancel that session(s). You do not have to pay for the sessions in which your child does not participate.

### Past Due Payments:

After the payment due date, a \$10.00 late fee will be applied. If late payment is not received by the following Friday, the swimmer will be suspended from practice and meets until payment, including the late fee, is received, unless prior arrangements are made through the Aquatics Director. If payment cannot be made by the above due date, please contact the Aquatics Director in advance of the due date, or a late fee will be added.

### Attendance Policy:

If a swimmer is at least at one practice during a session the swimmer will be registered for that session and will be billed for that session. They will be required to pay for the entire session. There will be no pro-rated discounts based on attendance. Attendance will be taken at each practice by the coaches.

### Swim Meet Policy:

If a swimmer has an account that is past due, the Aquatics Director has the right to deny the swimmer the ability to compete in a meet until their account is current.

### Merchandise Policy:

Merchandise will not be given to a swimmer unless accounts are current.

### Recruiting Discount:

If a swimmer gets a friend to join the swim team that swimmer will get one month's swimming free. However, the recruited swimmer must swim for at least two months before the recruiting swimmer will receive their free month of swim team. Parents must ask for this discount.

### Seasonal Payment Policy:

Swimmers and their families may elect to pay for the season up front. If you pay for the season up front you will only pay for 4 sessions instead of 5 sessions. There are no refunds for the seasonal payment except in extreme circumstances (this will be determined by the Aquatics Director). It is NOT recommended for the new swimmers and their families to use this seasonal payment option.

## PRACTICES & COSTS

Swimmers have the option to come to attend one practice a week or up to five practices. Practice times are based on team assigned by coach.

### **Practice Days and Times:**

*4:00pm-5:30pm: Intermediate Team*

*5:30pm-7:00pm : Advanced Team*

Attend one to three days a week

Cost: Member: \$55    Non-member: \$75

Attend four to five days a week:

Cost: Member: \$70    Non-member: \$90

### Super Squad 1

Practice Days and Times:

4:30pm-5:30pm: Monday and Wednesday

### Super Squad 2

Practice Days and Times:

4:30pm-5:30pm: Tuesday and Thursday

Cost:

Member: \$45    Non-member: \$55

\*Multiple Child discount is available *only* to members.

1<sup>st</sup> Child- \$70; \$55

2<sup>nd</sup> Child-\$60; \$45

3<sup>rd</sup> Child or more - \$50; \$35

\*Meet Fees are included in the monthly price for the Swim Team.

\*Regional's and Y-Nationals are NOT included

## Winter 2009-2010 Meet Schedule

October 17 <sup>th</sup>	Away	Hendersonville
November 7 <sup>th</sup>	Away	Hendersonville
December 5 <sup>th</sup>	Home	Pickens
January 2 <sup>nd</sup>	Away/ Distance *only select swimmers will attend	Rock Hill Meet
January 23 <sup>rd</sup>	Away	Laurens
February 6 <sup>th</sup>	Home	Pickens
February 20 <sup>th</sup> /21 <sup>st</sup>	State	Rock Hill