



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Tri the Ridge Sprint Triathlon **BIKE ROUTE**

The bike route starts as cyclists exit the Transition Area and go right on Gentry Memorial Hwy. Athletes MOUNT their bikes where a line is marked in the Gentry Memorial Hwy (HWY 8). The route follows this turn-by-turn description.

RIGHT at Old Bethlehem School Road
LEFT at Griffin Mill Road
RIGHT at Breazeale Road
STRAIGHT across Hwy 178
Breazeale Road turns into Rices Creek Road
RIGHT at Riggins Bridge Road (sharp right!)
SLIGHT RIGHT onto Roanoke Road
MERGE RIGHT at S. Belle Shoals Road
STRAIGHT across Hwy 178
S. Belle Shoals Road turns into Bethlehem Ridge Road
MERGE RIGHT at Gentry Memorial Hwy

The Transition Area will be on the right just past the YMCA front entrance. The DISMOUNT line is on Gentry Memorial Hwy before cyclists take their bikes into the Transition Area.

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