



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## Pickens Pool Schedule Effective 9/3/11-5/31/12

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:35 Open Pool	5:30-8:35 Open Pool	5:30-8:35 Open Pool	5:30-8:35 Open Pool	5:30-8:35 Open Pool		
8:40-9:30 Shallow Water Class	8:40-9:30 Shallow Water Class	8:40-9:30 Shallow Water Class	8:40-9:30 Shallow Water Class	8:40-9:30 Shallow Water Class		
9:35-10:05 Deep Water Class	9:35-10:05 Deep Water Class	9:35-10:05 Deep Water Class	9:35-10:05 Deep Water Class	9:35-10:05 Deep Water Class		
10:10-10:55 Arthritis Class		10:10-10:55 Arthritis Class		10:10-10:55 Arthritis Class		
11:00-4:00 Open Pool	10:10-4:00 Open Pool	11:00-4:00 Open Pool	10:10-4:00 Open Pool	11:00-4:00 Open Pool	7:00-6:50 Open Pool	2:00-4:50 Open Pool
4:00-7:00 Swim Team	4:00-7:00 Swim Team	4:00-7:00 Swim Team	4:00-7:00 Swim Team	4:00-7:00 Swim Team		
6:00-7:00 Water Class	6:00-7:00 Water Salsa	6:00-7:00 Water Class	6:00-7:00 Water Class			
7:00-9:30 Open Pool	7:00-9:30 Open Pool	7:00-9:30 Open Pool	7:00-9:30 Open Pool	7:00-7:50 Open Pool		

**Lap Swim Rules**

- \*Lap swim is NOT available Mon-Fri from 4:00pm-5:30pm. Other times number of available lanes will vary.
- \*Please share lanes. If unable to share a lane, limit use to 30 minutes while others are waiting.
- \*During Water Fitness, lap swim is available in lane 6 only.
- \*Up to four lanes can be made available during open pool times
- \*Kickboards and pull bouys are available for use.
- \*Diving or jumping off the blocks is strictly prohibited.